

## Stotesbury 2022 Lightweight Health Certificate

This form must be completed by a certified athletic trainer or health professional. All potential lightweight rowers will need to be certified between Sept 1, 2021 and April 1, 2022 in order to compete at the 2022 Stotesbury Cup Regatta as a lightweight. Female rowers must be able to attain and compete safely at a weight of no more than 130 lbs. Male rowers must be able to attain and compete safely at a weight of no more than 150 lbs.

Team/School: \_\_\_\_\_

Head Coach's Name: \_\_\_\_\_

I certify that the following student athletes are certified to safely compete as lightweights at the weights stated above.

Student Name	Weight	Birthdate	Gender (M/F)
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
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_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Name of Professional: \_\_\_\_\_

Signature: \_\_\_\_\_ Date of Weigh-in: \_\_\_\_\_

Licensing Board: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_